#### KENDALL PARK FIRST AID AND RESCUE SQUAD

#### **NEW MEMBER RUN BOOK**

While we have SOPs, this will be a quick guide to all new members.

**PPE**: All members are required to wear gloves and N95 masks by the time we arrive on scene.

<u>Uniforms:</u> All members are required to wear uniforms provided by the squad.

<u>Safety:</u> All members are required to wear seatbelts while riding in the ambulance irrespective of where you are seated.

<u>Navigation:</u> While there is Garmin GPS units in both A62 & A63, there are magnetic phone mounts placed in both the rigs for your convenience.

Maps for Whitehall Gardens (Holland Drive) & Westminster Drives are in the address books of both the rigs.

**Rig Checks**: All members are required to understand each equipment and supplies in the rig. Please talk to your Crew Chief for more help.

<u>Schedules:</u> Schedules for the month are usually posted by 20<sup>th</sup> of every month. You all have access to PlanIT EMS.

URL: <a href="http://kpfars.planitems.com">http://kpfars.planitems.com</a>

User Name: first letter of first name, last name

Initial P: KPFARS2022

If you forgot your password, let me know I will reset.

<u>Basics:</u>

While there are many other things that all of us must be familiar, all members must be familiar with the following.

- Operating Stretcher
- Vitals: Pulse Ox, Blood Pressure, Temperature, Manual Pulse
- All things O2:
  - Setting up Portable O2 Tank
  - Nasal Canula, NRB, BVM
  - Changing Main Oxygen Tank
- Suction
- CPR
- Moving Patients:
  - Reeves
  - o Stair chair
  - Scoop Board or Scoop Stretcher
  - o Mega Mover
- Bleeding Control
- EMS Charts: Click here to learn the basics

# **KENDALL PARK FIRST AID AND RESCUE SQUAD**

| IMPORTANT PHONE NUMBERS  |               |  |  |
|--------------------------|---------------|--|--|
| SBPD#                    | 732-329-4646  |  |  |
| FTPD#                    | 732-873-2300  |  |  |
| RWJ Charge Nurse         | 732-729-7076. |  |  |
| Princeton Medical Center | 609-874-8698  |  |  |
| Somerset Medical Center  | 908-685-2920  |  |  |
| St Peters                | 732-339-7678  |  |  |
| Poison Control           | 1800-222-1222 |  |  |

| ACCESS CODES      |               |  |
|-------------------|---------------|--|
| RWJ               | 4596#         |  |
| PRINCETON MEDICAL | 0911#         |  |
| PRINCETON MANOR   | #0911 OR #911 |  |
|                   | 011.          |  |

| 2022 Line Officers |              |              |                      |  |
|--------------------|--------------|--------------|----------------------|--|
| Srini Vallury      | Chief        | 732-512-7134 | svallury@gmail.com   |  |
| Al Low-Beer        | Deputy Chief | 732-266-3241 | first aider@msn.com  |  |
| Scott Weis         | Captain      | 732-803-0442 | kb2ear@kb2ear.net    |  |
| Prem Ghooray       | Lieutenant   | 732-429-9689 | pghooray@comcast.net |  |

## **Crew Chiefs**

| Monday    | Frank Low-Beer             |
|-----------|----------------------------|
| Tuesday   | Al Low-Beer, Bob Dickerson |
| Wednesday | Al Low-Beer, Kosta K       |
| Thursday  | Bill Heins                 |
| Friday    | Srini V, Joe Bacsa         |
| Saturday  | Ray Weis, Nick Low-Beer    |
|           | Scott Weis, Brian Low-Beer |

## **Training Officer**

**Bob Dickerson** 

# **KENDALL PARK FIRST AID AND RESCUE SQUAD**

| Member Name      |  |   |
|------------------|--|---|
|                  |  |   |
| Rig Check        |  |   |
| Jump Kit Check   |  |   |
| Stretcher        | Loading, Unloading, Troubleshooting, Manual Release  |   |
| All things O2    | Opening Portal O2 Tanks, Setting up Regulator, Nasal |   |
|                  | Canula, NRB, BVM, Replacing main O2 Tank             |   |
| Suction          | Portable and Main Suction Unit                       |   |
| AED              | CPR Basics   |   |
| Moving Equipment | Reeves, Backboards, Scoop, Mega Mover                |   |
| Vitals           | Pulse, Blood Pressure, Temp                          | P |

| Trainer    |  |
|------------|--|
| Crew Chief |  |
| Date       |  |

